

L'INVITÉE®

Boardroom dynamics: from destructive to servant leadership

The essence of power play

Powerplay is energy directed outward, about impressing, winning, and dominating. Behind every power game lies something surprisingly fragile: fear. The fear of being insignificant. Those who feel small inside seek greatness through control. To mask that fear, they try to dominate others through manipulation, status, or intimidation. Their influence can be deeply disruptive, human dignity disappears. Once you've seen through this, you lose your naivety, but gain clarity, strength, inner stability, and selfprotection. Many people ignore the signals out of loyalty, fear, or habit. Learn to see through people. Step out of autopilot. Betrayal destroys trust, and trust is the foundation of every human relationship. In leadership, power play reveals itself through micromanagement, fear-based cultures, and rigid hierarchies.

The core of power

In essence, power is neutral: it is energy with intention. The source from which it arises determines whether power is pure or destructive. When power is fueled by fear, ego, or the need for control, it becomes power play, a tool to dominate rather than to lead. Power born from fear constantly seeks validation, not connection. In its attempt to maintain control, it creates distance instead of trust. The core of power is influence, the ability to guide, to move something or someone. When power is fueled by awareness, integrity, and empathy, it transforms into inner strength, the kind that doesn't intimidate, but inspires. The essence of true power, then, is presence, direction, and responsibility. It is strength that needs no proof.

The force of empathy

Empathy disarms, with a warm heart and a sharp mind. It removes the charge from power games because it refuses to engage in conflict or pretense. It brings people back to authenticity and equality. Where power makes people smaller, empathy makes them greater. And that is precisely why empathy is the antidote. Empathy is inward energy, directed toward growth, awareness, and connection. It brings movement, harmony and dignity. It heals where fear has hardened. Empathy is the proof that positivity is stronger than fear. And that is why the world needs more leaders who allow energy to flow.
